NOVEMBER HOT MENU

Monday 11/2/2026	Tuesday 11/3/2026	Wednesday 11/4/2026	Thursday 11/5/2026	Friday 11/6/2026
Nat. Deviled Egg Day	Oven Fried Chicken Breast	Beef Taco Meat	National Donut Day	Meatloaf in Tomato Gravy
Italian Sausage in	Whipped Potatoes	Shredded Cheese	Chicken Breast with	Scalloped Potatoes
Marinara Sauce	with Country Gravy	Shredded Lettuce	Creamy Bacon Ranch Sauce	Brussels Sprouts
Peppers & Onions	Diced Beets	Pico De Gallo	Diced Sweet Potatoes	WG Breadstick/Marg
Deviled Egg Potato Salad	Italian Dinner Roll/Marg	Chuckwagon Corn	Green Beans	Diced Peaches
WG Hot Dog Bun	Fudge Round	8: Flour Tortilla Shell	WG Breadstick/Marg	1% or Skim Milk
Spiced Pears	or Diet Cookies	Pineapple & Strawberries	Glazed Donut or Diet Cookie	
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	
Monday 11/9/2026	**Tuesday 11/10/2026**	**Wednesday 11/11/2026**	**Thursday 11/12/2026**	**Friday 11/13/2026**
WG Cheeseburger Mac	Roast Beef & Gravy	Veteran's Day	Honey Garlic Chicken	WG Breaded Fish &
Green Peas	Mashed Potatoes	Senior Center is Closed	Breast	American Cheese Sandwich
Diced Carrots	Zucchini & Tomatoes	No Meals	Brown Rice Pilaf	Leaf Lettuce/Slice Pickles
WG Breadstick	WG Dinner Roll/Marg		Broccoli	Mashed Potatoes
Fresh Orange	Decorated Birthday Cake		Hearth Roll/Marg	WG Bun/Tartar Sauce PC
1% or Skim Milk	or Plain Cake Square		Sliced Peaches	Cream Filled Choc Cupcake
	1% or Skim Milk		1% or Skim Milk	or Diet Cookies
				1% or Skim Milk
Monday 11/16/2026	**Tuesday 11/17/2026**	**Wednesday 11/18/2026**	**Thursday 11/19/2026**	**Friday 11/20/2026**
Swedish Meatballs	Baked Ham	Cheeseburger with Cheddar	Sweet & Sour Chicken	Peanut Butter Fudge Day
Mashed Potatoes	Augratin Potatoes	Cheese on WG Bun with	Breast	Beef & Bean Burrito with
Stewed Tomatoes	Cauliflower	Lettuce, Sliced Tomato &	Brown Rice Pilaf	Cheesy Enchilada Sauce
Sour Dough Roll/Marg	WG Dinner Roll/Marg	Sliced Pickles	Broccoli	Spanish Rice
Strawberry Yogurt Cup	Fresh Apple	Cheesy Hashbrown	Cinnamon Raisin Bread/Marg	Mixed Vegetable
or Diet Pudding	Sour Cream PC	Pineapple Tidbits	Strawberries & Mandarins	WG Breadstick/Marg
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	Nutty Buddy or Diet Cookie
				1% or Skim Milk
Monday 11/23/2026	**Tuesday 11/24/2026**	**Wednesday 11/25/2026**	**Thursday 11/26/2026**	**Friday 11/27/2026**
Potato Crunch Fish Filet	Jumbo Beef Hot Dog	Turkey Breast with Gravy	Thanksgiving	Thanksgiving
Diced Sweet Potatoes	on WG Hot Dog Bun	Cornbread Dressing	Day	Holiday
Mediterranean Blend Veggie	BBQ Baked Beans	Whipped Potatoes	Senior Center is Closed	Senior Center is Closed
WG Dinner Roll/Marg	Monterey Blend Veggies	Green Bean Casserole	No Meals	No Meals
Sliced Peaches	Fresh Orange	WG Dinner Roll/Marg		
Tartar Sauce PC	1% or Skim Milk	Pumpkin Pie & Whip Topping		
1% or Skim Milk		or Diet Pudding		
		1% or Skim Milk		

Monday 11/30/2026	November History and Science Fun Facts
Beef Tortilla Casserole	King Tut's Tomb: On November 26, 1922, Howard Carter found the untouched tomb of Pharaoh Tutankhamun in Egypt.
Peas	
Country Blend Veggies	First Animal in Space: On November 3, 1957, the Soviet Union launched Sputnik 2 with a dog named Leica on board.
WG Dinner Roll/Marg	
Tropical Fruit Mix	WWI Armistice: World War I ended with an armistice signed on the 11th hour of the 11th day of the 11th month in 1918.
1% or Skim Milk	
	White House Resident: On November 1, 1800, John Adams became the first U.S. president to live in the White House.

NOVEMBER DELI MENU

Nat. Deviled Egg Day Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Deviled Egg Potato Salad Spiced Pears 1% or Skim Milk	**Black & Bleu Salad** oast Beef, Blue Chees Sliced Red Onions Mixed Greens Salad rackers & 100% Apple Juic Fudge Round or Diet Cookies 1% or Skim Milk	**Ham & Amer. Cheese** on Vienna Bread w/ Leaf Lettuce & Tomato Coleslaw Pineapple & Strawberries 1% or Skim Milk	**National Donut Day** Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes 100% Fruit Punch WG Breadstick/Marg Glazed Donut or Diet Cookie 1% or Skim Milk	**Italian Sandwich** Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Pepperoncini on Vienna Bread Potato Salad Diced Peaches 1% or Skim Milk
Monday **11/9/2026** WG Cheeseburger Mac Green Peas Diced Carrots WG Breadstick Fresh Orange 1% or Skim Milk	**Tuesday** **11/10/2026** BLT Supreme Salad iced Turkey, Chopped Baco iced Tomato & Shred Chees over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Decorated or Plain Cak 1% or Skim Milk	**Wednesday** **11/11/2026** Veteran's Day Senior Center is Closed No Meals 	**Thursday** **11/12/2026** Roast Beef & Swiss on Honey Wheat Bread w/ Lettuce & Tomato Cucumber Salad Sliced Peaches 1% or Skim Milk	**Friday** **11/13/2026** Fajita Chicken Salad with Corn, Peppers & Onions over Mixed Greens Salad and Southwest Ranch Dressing Crackers(2pk) Choc. Cupcake or Diet Cookie 1% or Skim Milk
Monday **11/16/2026** Turkey & Amer Cheese on WG Bread w/ Lettuce & Tomato Broccoli Salad Strawberry Yogurt Cup or Diet Pudding 1% or Skim Milk	**Tuesday** **11/17/2026** Chicken Caesar Salad w/ Caesar Dressing & Croutons ver Mixed Greens Sala 100% Grape Juice Fresh Apple 1% or Skim Milk	**Wednesday** **11/18/2026** Egg Salad on Square Croissant w/ Lettuce & Tomato Coleslaw Pineapple Tidbits 1% or Skim Milk	**Thursday** **11/19/2026** Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad Fruit Punch Cup/Breadstick Strawberries & Mandarins 1% or Skim Milk	**Friday** **11/20/2026** Peanut Butter Fudge Day Chicken Salad on Cinnamon Raisin Bread w/ Leaf Lettuce & Tomato Broccoli Salad Nutty Buddy Stick or Diet Cookies 1% or Skim Milk
Monday **11/23/2026** Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Coleslaw Sliced Peaches 1% or Skim Milk	**Tuesday** **11/24/2026** Crab Salad on Mini Hoagie Bun w/ Lettuce & Tomato Potato Salad Fresh Orange 1% or Skim Milk	**Wednesday** **11/25/2026** Turkey Breast with Gravy Cornbread Dressing Whipped Potatoes Green Bean Casserole WG Dinner Roll/Marg Pumpkin Pie & Whip Topping or Diet Pudding 1% or Skim Milk 1% or Skim Milk	**Thursday** **11/26/2026** Thanksgiving Day Senior Center is Closed No Meals 	**Friday** **11/27/2026** Thanksgiving Holiday Senior Center is Closed No Meals 
Monday **11/30/2026** Ham & Swiss on Vienna Bread w/ Lettuce & Tomato Cowboy Caviar Fresh Apple 1% or Skim Milk	**November Fun Facts ~ Calendar and Symbols** November is the eleventh month of the year with 30 days, but its name comes from the Latin word novem (meaning "nine") because it was the ninth month in the old Roman calendar. It features unique symbols, historical events, and seasonal shifts.  Birthstones: Topaz (symbol of strength and honor) and citrine. Birth Flower: Chrysanthemum (symbol of cheerfulness). Zodiac Signs: Scorpio (until November 21) and Sagittarius (starting November 22).  Full Moon: The Old Farmer's Almanac calls November's moon the Beaver Moon because colonists set beaver traps before swamps froze.			