BELLEVUE COMMUNITY CENTER

Connecting Adults 55+

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm .

Call your lunch order in by noon the business day before



BOARD OF DIRECTORS

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Hello People!

November is the time of the year when we reflect on all we have to be thankful for. At the center, we are very thankful for the support of the community, board members, ENOA, our volunteers and YOU !

A shout to those who went above and beyond for the fundraiser – Priscilla, Kay, James, Mary, Sue, Jean, Lore, Lucy, Lynne, Alison, and our board members. Many of you brought in beautiful baskets, silent auction items and donated to the center. Others brought family and friends to the event and bought raffle tickets to support the center.
Thank you each and everyone!

Cheers!
Kathy and Dawn

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant Manager

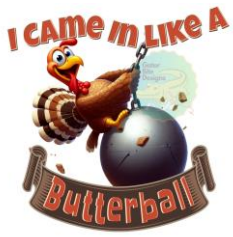
JOIN IN THE FUN !



Quilted Necklace Look how easy and fun this No Sew Necklace will be! Make one for yourself or an early Christmas gift! Classes are **Nov. 10th and Nov. 12th at 1:00** and the cost is only $5.00. Sign up in advance!.

Happy Friendsgiving! Most of us spend more time with our friends here at the center than at home with family. Let's celebrate that friendship with food, festive music and fun! Join us and Dan Reynolds at **10:30 am on Wed. Nov. 25th** and stay for a Thanksgiving lunch! Reserve your spot by Mon. Nov. 23rd.





Butterball Bingo ! Grab your friends and do the TURKEY TROT to the center for an afternoon STUFFED with fun and GOBBLE up some prizes! Everyone wins and no prizes are LEFTOVER! Lunch at noon, bingo at **1:00 pm on Monday, Nov. 9th .** Call in by Thurs. Nov. 5th.

THANK YOU VETERANS! Join us for thanking our veterans for their service. They protected our freedom and deserve our respect and gratitude. We will celebrate them on **Tuesday Nov. 10th at 11:30.** Make plans to stay for lunch. We will be closed on Veterans Day, November 11th.





Yummy in your Tummy! Nothing beats our Biscuits and Gravy Breakfast. Flaky biscuits smothered in country sausage gravy, a side of fruit, hot coffee and juice for only $5.00. Reservations required for **Friday, Nov. 13th at 9:00**. Call in by Tues. 10th.

UNMC Nursing Students Will be here on Nov. 10th and 13th from 9:00 am – 11:30 am. Please take time to visit with them.





A BIG Thanks to our Sponsors!



DOUBLE GOLD SPONSOR -$2000.00

PAULA DEITERING- PRAIRIE WEALTH ADVISORS



GOLD SPONSORS - $1000.00

THE RICCHINI INSURANCE GROUP
HILLCREST HEALTH & LIVING
BELLEVUE MEMORIAL FUNERAL CHAPEL



SILVER SPONSORS - $600.00

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BRONZE SPONSORS - $300.00

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General Sponsorship $150.00

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NP Dodge Real Estate
Erwins Jewelers
Westside Bank
GP Architecture LLC
Live your Best Life Salon
Matt/Collett McKinney
Bellevue #3912 FOE Auxilliary



(We will post our final numbers in the Dec. newsletter)





NOVEMBER BIRTHDAYS



2- Amy Jones
4- Bill Strongin
8-Carol Lainoff
9- Diana Micek
11- James Miller & Dolly Divoky
11- Steven Giles
13- Barbara Shank
14- Don Muhs
15- Mary Jo Hopfensperger
15- Virginia Eidenmiller & Mary Cleare
15- Karen Berkland
18 – Laura Farmer
20- Deb Power
21- Renate Leaird
23- Anita Chappell
25- Peg Dowd
27- Clara Faulkner
29- Gary Stover & Pam Jensen



Cold and Flu – Stays with You! If you are feeling under the weather, please stay home until you are well. Please practice common courtesy –cough or sneeze into your elbow, wash your hands frequently and maintain a healthy lifestyle.





Slip and Fall ! It's that the time of the year again ! A little ice, a little slippery and WHAM! Take your time when walking – wear shoes with traction, take short steps, carry only what you can, use your arms for balance and use your cane or walker if you have one. Don't go out if you don't need to if it looks icy!

Winner Winner - Pete Garth won again !! He took home $184 and so did the center! Thank you to everyone who played!



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Ceramics 10:15 – Tai Chi 12:30 Hand Foot Knee 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand, Foot & Knee 1:00 Euchre	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – Painting 9:30 – Skip Bo or Kings in a Corner **10:30 Bridge Class on the 6th and the 20th this month.** 12:45 .25 BINGO

Activities for the Month of November

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
2	3 Turkey Tuesday 	**4**	5	**6 Foot Ball Friday** 
9 1:00 Butterball Bingo 	**11:30 Veterans** **1:00 Quilt Class** 	**11** 	**12 9:30 Lisa's Bingo** **1:00 Quilt Class** 	**13 9:30 Breakfast** **10:00 Book Club** BISCUITS -AND- GRAVY
16 7:00 Alzheimer's Support Group 	17 	18	19 10:30 Senior Advisory Forum 	20 Football Friday NEBRASKA CORNHUSKERS
23	24 	10:30 Party 		
30 				

NOVEMBER HOT MENU

Monday 11/2/2026	Tuesday 11/3/2026	Wednesday 11/4/2026	Thursday 11/5/2026	Friday 11/6/2026
Nat. Deviled Egg Day	Oven Fried Chicken Breast	Beef Taco Meat	National Donut Day	Meatloaf in Tomato Gravy
Italian Sausage in	Whipped Potatoes	Shredded Cheese	Chicken Breast with	Scalloped Potatoes
Marinara Sauce	with Country Gravy	Shredded Lettuce	Creamy Bacon Ranch Sauce	Brussels Sprouts
Peppers & Onions	Diced Beets	Pico De Gallo	Diced Sweet Potatoes	WG Breadstick/Marg
Deviled Egg Potato Salad	Italian Dinner Roll/Marg	Chuckwagon Corn	Green Beans	Diced Peaches
WG Hot Dog Bun	Fudge Round	8: Flour Tortilla Shell	WG Breadstick/Marg	1% or Skim Milk
Spiced Pears	or Diet Cookies	Pineapple & Strawberries	Glazed Donut or Diet Cookie	
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	
Monday 11/9/2026	**Tuesday 11/10/2026**	**Wednesday 11/11/2026**	**Thursday 11/12/2026**	**Friday 11/13/2026**
WG Cheeseburger Mac	Roast Beef & Gravy	Veteran's Day	Honey Garlic Chicken	WG Breaded Fish &
Green Peas	Mashed Potatoes	Senior Center is Closed	Breast	American Cheese Sandwich
Diced Carrots	Zucchini & Tomatoes	No Meals	Brown Rice Pilaf	Leaf Lettuce/Slice Pickles
WG Breadstick	WG Dinner Roll/Marg		Broccoli	Mashed Potatoes
Fresh Orange	Decorated Birthday Cake		Hearth Roll/Marg	WG Bun/Tartar Sauce PC
1% or Skim Milk	or Plain Cake Square		Sliced Peaches	Cream Filled Choc Cupcake
	1% or Skim Milk		1% or Skim Milk	or Diet Cookies
				1% or Skim Milk
Monday 11/16/2026	**Tuesday 11/17/2026**	**Wednesday 11/18/2026**	**Thursday 11/19/2026**	**Friday 11/20/2026**
Swedish Meatballs	Baked Ham	Cheeseburger with Cheddar	Sweet & Sour Chicken	Peanut Butter Fudge Day
Mashed Potatoes	Augratin Potatoes	Cheese on WG Bun with	Breast	Beef & Bean Burrito with
Stewed Tomatoes	Cauliflower	Lettuce, Sliced Tomato &	Brown Rice Pilaf	Cheesy Enchilada Sauce
Sour Dough Roll/Marg	WG Dinner Roll/Marg	Sliced Pickles	Broccoli	Spanish Rice
Strawberry Yogurt Cup	Fresh Apple	Cheesy Hashbrown	Cinnamon Raisin Bread/Marg	Mixed Vegetable
or Diet Pudding	Sour Cream PC	Pineapple Tidbits	Strawberries & Mandarins	WG Breadstick/Marg
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	Nutty Buddy or Diet Cookie
				1% or Skim Milk
Monday 11/23/2026	**Tuesday 11/24/2026**	**Wednesday 11/25/2026**	**Thursday 11/26/2026**	**Friday 11/27/2026**
Potato Crunch Fish Filet	Jumbo Beef Hot Dog	Turkey Breast with Gravy	Thanksgiving	Thanksgiving
Diced Sweet Potatoes	on WG Hot Dog Bun	Cornbread Dressing	Day	Holiday
Mediterranean Blend Veggie	BBQ Baked Beans	Whipped Potatoes	Senior Center is Closed	Senior Center is Closed
WG Dinner Roll/Marg	Monterey Blend Veggies	Green Bean Casserole	No Meals	No Meals
Sliced Peaches	Fresh Orange	WG Dinner Roll/Marg		
Tartar Sauce PC	1% or Skim Milk	Pumpkin Pie & Whip Topping		
1% or Skim Milk		or Diet Pudding		
		1% or Skim Milk		

Monday 11/30/2026	November History and Science Fun Facts
Beef Tortilla Casserole	King Tut's Tomb: On November 26, 1922, Howard Carter found the untouched tomb of Pharaoh Tutankhamun in Egypt.
Peas	
Country Blend Veggies	First Animal in Space: On November 3, 1957, the Soviet Union launched Sputnik 2 with a dog named Leica on board.
WG Dinner Roll/Marg	
Tropical Fruit Mix	WWI Armistice: World War I ended with an armistice signed on the 11th hour of the 11th day of the 11th month in 1918.
1% or Skim Milk	
	White House Resident: On November 1, 1800, John Adams became the first U.S. president to live in the White House.

NOVEMBER DELI MENU

Nat. Deviled Egg Day Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Deviled Egg Potato Salad Spiced Pears 1% or Skim Milk	**Black & Bleu Salad** oast Beef, Blue Chees Sliced Red Onions Mixed Greens Salad rackers & 100% Apple Juic Fudge Round or Diet Cookies 1% or Skim Milk	**Ham & Amer. Cheese** on Vienna Bread w/ Leaf Lettuce & Tomato Coleslaw Pineapple & Strawberries 1% or Skim Milk	**National Donut Day** Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes 100% Fruit Punch WG Breadstick/Marg Glazed Donut or Diet Cookie 1% or Skim Milk	**Italian Sandwich** Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Pepperoncini on Vienna Bread Potato Salad Diced Peaches 1% or Skim Milk
Monday **11/9/2026** WG Cheeseburger Mac Green Peas Diced Carrots WG Breadstick Fresh Orange 1% or Skim Milk	**Tuesday** **11/10/2026** BLT Supreme Salad iced Turkey, Chopped Baco iced Tomato & Shred Chees over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Decorated or Plain Cak 1% or Skim Milk	**Wednesday** **11/11/2026** Veteran's Day Senior Center is Closed No Meals 	**Thursday** **11/12/2026** Roast Beef & Swiss on Honey Wheat Bread w/ Lettuce & Tomato Cucumber Salad Sliced Peaches 1% or Skim Milk	**Friday** **11/13/2026** Fajita Chicken Salad with Corn, Peppers & Onions over Mixed Greens Salad and Southwest Ranch Dressing Crackers(2pk) Choc. Cupcake or Diet Cookie 1% or Skim Milk
Monday **11/16/2026** Turkey & Amer Cheese on WG Bread w/ Lettuce & Tomato Broccoli Salad Strawberry Yogurt Cup or Diet Pudding 1% or Skim Milk	**Tuesday** **11/17/2026** Chicken Caesar Salad w/ Caesar Dressing & Croutons ver Mixed Greens Sala 100% Grape Juice Fresh Apple 1% or Skim Milk	**Wednesday** **11/18/2026** Egg Salad on Square Croissant w/ Lettuce & Tomato Coleslaw Pineapple Tidbits 1% or Skim Milk	**Thursday** **11/19/2026** Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad Fruit Punch Cup/Breadstick Strawberries & Mandarins 1% or Skim Milk	**Friday** **11/20/2026** Peanut Butter Fudge Day Chicken Salad on Cinnamon Raisin Bread w/ Leaf Lettuce & Tomato Broccoli Salad Nutty Buddy Stick or Diet Cookies 1% or Skim Milk
Monday **11/23/2026** Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Coleslaw Sliced Peaches 1% or Skim Milk	**Tuesday** **11/24/2026** Crab Salad on Mini Hoagie Bun w/ Lettuce & Tomato Potato Salad Fresh Orange 1% or Skim Milk	**Wednesday** **11/25/2026** Turkey Breast with Gravy Cornbread Dressing Whipped Potatoes Green Bean Casserole WG Dinner Roll/Marg Pumpkin Pie & Whip Topping or Diet Pudding 1% or Skim Milk 1% or Skim Milk	**Thursday** **11/26/2026** Thanksgiving Day Senior Center is Closed No Meals 	**Friday** **11/27/2026** Thanksgiving Holiday Senior Center is Closed No Meals 
Monday **11/30/2026** Ham & Swiss on Vienna Bread w/ Lettuce & Tomato Cowboy Caviar Fresh Apple 1% or Skim Milk	**November Fun Facts ~ Calendar and Symbols** November is the eleventh month of the year with 30 days, but its name comes from the Latin word novem (meaning "nine") because it was the ninth month in the old Roman calendar. It features unique symbols, historical events, and seasonal shifts.  Birthstones: Topaz (symbol of strength and honor) and citrine. Birth Flower: Chrysanthemum (symbol of cheerfulness). Zodiac Signs: Scorpio (until November 21) and Sagittarius (starting November 22).  Full Moon: The Old Farmer's Almanac calls November's moon the Beaver Moon because colonists set beaver traps before swamps froze.			

Bellevue Community Center
109 W. 22nd Avenue
Bellevue, NE 68005

Over the past few years, the Bellevue Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Community Center has created another opportunity for seniors and others to support us**, The Bellevue Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **$24 per year.** We pro-rate the cost if you sign up now to ONLY $2.00 a month!*

Please complete an enrollment form and take it to the Front Desk at the Bellevue Community Center. Your membership will be valid through June 30th, 2027