

BELLEVUE COMMUNITY CENTER



Connecting Adults 55+

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm .

Call your lunch order in by noon the day before



BOARD OF DIRECTORS

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Hello People!

I Scream, You Scream, We ALL Scream for Ice Cream !!!

Our Annual Ice Cream Social
Fundraiser is **Sunday October 4th from
1:00 pm – 4:00 pm.** The cost is still
only \$10.00 to enjoy some delicious
ice cream, cookies, pie and brownies –
and help your center!

Bring your family, friends, and
neighbors! Share our posts on
Facebook ! Let's make this the best
one ever!!

Cheers!
Kathy and Dawn

IN THIS ISSUE:

Page 2:

Check this Out

Page 3:

Fundraiser
Event

Page 4:

Oct. Birthdays

Pages 5:

Activity
Calendar

Page 6:

Hot Lunches

Page 7:

Deli Lunches

CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant
Manager

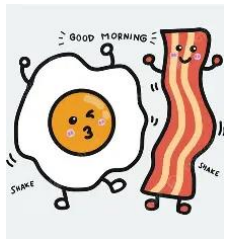


Ice Cream Social



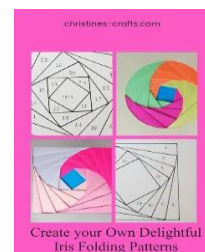
CHECK THIS OUT !

VOLUNTEERS ASSISTING SENIORS Make your appointment for help with open enrollment for Medicare. Call 402-444-6617 to make your appointment for **Wed. October 21st from 9- 3 pm.**



Wakey Wakey - It's Eggs and Bakey! OK, it's bacon and eggs served with fresh fruit, coffee and juice and still only \$5.00 !! Set your alarm and don't be late on **Thurs. Oct.15th at 9:00 am.** Be sure to call in by Tuesday, Oct. 13th.

The Art of Iris Folding. This is a unique way to make a card. You'll learn the ways to fold colorful paper into a card someone will want to frame! The class will be taught on **Mondays from 9:30 -11:30.** Sign up with Mert in the art room.



Dress Up Your Table – With a beautiful quilted table runner, made by YOU! There is lots of fun material to choose from. Be sure to sign up in advance, classes fill up fast. They are from **1:00 – 3:00pm on Tues. October 6th or Thurs. October 15th.** The cost is \$10.00.

BOO BINGO ! Don't get GHOSTED and miss out on a GHOULISHly fun time! You'll be HOWLING with laughter at the CANDYCORNish jokes! BONUS if you wear something SPOOKY on **Monday, Oct, 19th at 1:00 pm.** Reserve lunch and your bingo card by Thursday the 15th.



BROOM PARKING ONLY Dress up for our SPOOKtacular Halloween party on **Friday, October 30th at 10:30 am !** Come sit for a SPELL and a have Fab-BOO-lous time! Mary Link is our singer & Madame Fortuna will be here at 10:00. You can sink you fangs into some yummy snacks and be GOBLIN them up ! Reserve your PLOT and lunch by Oct. 28th.

FUNDRAISING EVENT

SUNDAY OCTOBER 4TH 1:00 PM-4:00 PM

It's almost time for our FUN filled FUNdraiser! Our goal is \$18,000 and YOU can help us reach it ! Make plans to attend and to bring your family, friends and neighbors with you!

For **only \$10.00** you can have an ice cream sundae with all toppings, cookies, brownies and even pie! Make plans to spend the afternoon with us. We also have so many beautiful baskets we will be raffling off. You do not need to be present to win. Also if you can't make it on Oct. 4th you can stop in the center Mon-Fri from 8:00 -4:00 and purchase the raffle tickets for 6 for \$5.00 and select your (hopefully) winning basket!

You can also share our Facebook posts, take a flier for your church lobby or your apartment community board. Help us get the word out!! And of course, all the proceeds stay at the center.

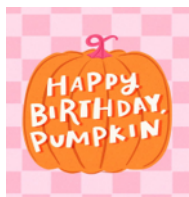
Just to name a few of the Basket Themes: Restaurants, Norwex Products, Spa Day, Auto Care, Hand made afghans, Gift Cards, a Bird Camera and MONEY !!!



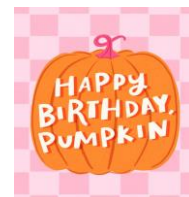
Alzheimer's Caregiver Support Group – Meets the 3rd Monday of every month at 7:00 pm. No need to register, just join us.



Nursing Students are Back! They are here from 9 -11 on October 9th, 13th, 16th and the 27th. They will be engaging with you so please take some time to visit with them.



OCTOBER BIRTHDAYS



- 1- Rosemary Stiverson
- 2- Steve Janousek, Lynda Fife & Eileen Healy
- 3- Georgia Cook & Barb Bair
- 4- Mary Ann Hagen
- 6- Bonnie Oddo
- 7- Ralph Haden
- 8- Donna Renner
- 9- Jim Nabors
- 11- James Reardon & Teresa Jones
- 14- Jan Austin & Rita Gifford
- 15- Wayne Lainof
- 16- Harold Holoun
- 18- Pat Dolezal
- 19 – Linda Marco
- 21- Maureen Peterson
- 22- Susan Keller
- 23- Hugo Curitti & Jan Bazar
- 23- Elaine Williams
- 28- Rich Kral
- 29- Ray Romero
- 31- Kathie Bickerstaff



Water Color Book Marks – Join this fun and easy project that you can finish in one day on **Tues. October 20th at 1:00pm.** Be sure to sign up !

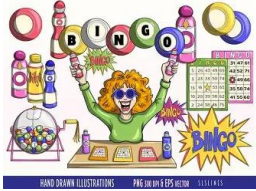
Football Fridays are Back ! Support your favorite team every Friday by wearing their shirts, hats, earrings and team colors! Get into the spirit and have a little fun!



Winner Winner! Our August winner was Pete Garth ! He took home a whopping \$282.00 and so did the center! Thanks to all who played.

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Ceramics 10:15 – Tai Chi 12:30 Hand Foot Knee 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Hand, Foot & Knee 1:00 Euchre	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – Painting 9:30 – Skip Bo or Kings in a Corner 10:30 Bridge Class on the 2nd and the 16th this month. 12:45 .25 BINGO

Activities for the Month of October

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
Our Fundraiser is SUNDAY OCTOBE 4th 1:00 pm -4:00			1 Buy your Fundraiser Tickets!	2 Football Friday 
5 National Do Something Nice Day	6	7 World Smile Day 	8 9:30 Lisa's Bingo 	9 10:00 Book Club Football Friday 
12	13 9-11 Nursing Students 	14 Birthday Cake with Lunch 	15 9:00 Breakfast 10:30 Senior Forum 	16 Football Friday 
19 1:00 BOO Bingo 	20 1:00 Water Brush Coloring 	21 9:00 -3:00 by appointment 	22 10:30 Hillcrest Bingo 	23 Football Friday 
26	27 9-11 Nursing Student 	28	29	30 10:00 Madame Fortuna and Party 

OCTOBER HOT MENU

Call by noon the business day before! 402-293-3041

October Nature and Science ~ Fun Facts			Thursday 10/1/2026	Friday 10/2/2026
Fall Foliage: October is peak season for autumn leaves turning bright red, orange, and yellow in the Northern Hemisphere.			All Beef Chili Dog with Shredded Cheese on WG Hot Dog Bun Diced Potatoes Corn Sliced Peaches & Strawberries 1% or Skim Milk	WG Spaghetti & Meat Sauce Honey Glazed Carrot Coins Zucchini & Tomatoes WG Breadstick/Marg Pineapple Tidbits 1% or Skim Milk
Turnip Ancestors: The very first jack-o'-lanterns for Halloween were made from carved turnips, not pumpkins.				
The Orionids meteor shower, created by debris from Halley's Comet, peaks during mid-October.				
Monday 10/5/2026	Tuesday 10/6/2026	Wednesday 10/7/2026	Thursday 10/8/2026	Friday 10/9/2026
Sweet & Sour Chicken Breast Broccoli Brown Rice Pilaf Cinnamon Raisin Bread/Marg Diced Peaches 1% or Skim Milk	BBQ Meatballs Potato Medley California Blend Vegetables WG Petite Roll/Marg Fudge Round or Diet Cookies 1% or Skim Milk	Sliced Roast Beef & Gravy Mashed Potatoes Diced Beets WG Dinner Roll/Marg Fresh Apple 1% or Skim Milk	Tortilla Chicken Breast Spanish Rice Country Blend Vegetables Marble Rye Bread/Marg Fruit Mix 1% or Skim Milk	Western Omelet in Cheese Sauce Potatoes O'Brien Blueberry Muffin Cinnamon Applesauce 1% or Skim Milk
Monday 10/12/2026	Tuesday 10/13/2026	Wednesday 10/14/2026	Thursday 10/15/2026	Friday 10/16/2026
Oven Fried Chicken Breast with Country Gravy Mashed Potatoes Diced Carrots WG Dinner Roll/Marg Sliced Pears 1% or Skim Milk	Cheese Ravioli in Pink Sauce Green Beans Brussels Sprouts Vienna Bread Slice/Marg Apricot Halves 1% or Skim Milk	Meatloaf with Brown Gravy Whipped Potatoes Mixed Vegetables Honey Wheat Bread/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Chicken Breast w/ Cordon Bleu Sauce Diced Potatoes Stewed Tomatoes WG Dinner Roll/Marg Tropical Fruit Mix 1% or Skim Milk	Beefy Stroganoff Mac Casserole Broccoli Mixed Greens Side Salad WG Breadstick/Marg Carmel Apple Bread Pudding or Sliced Apples 1% or Skim Milk
Monday 10/19/2026	Tuesday 10/20/2026	Wednesday 10/21/2026	Thursday 10/22/2026	Friday 10/23/2026
Chicken Fried Steak & Gravy Garlic Mashed Potatoes Country Blend Vegetables Vienna Bread Slice/Marg Choc. Chip Muffin or Diet Cookies 1% or Skim Milk	Honey Garlic Meatballs Diced Baby Red Potatoes Spring Blend Veggies WG Dinner Roll/Marg Sliced Peaches 1% or Skim Milk	Sliced Turkey with Gravy Mashed Potatoes Green Bean Casserole WG Petite Roll/Marg Rice Krispy Treat or Diet Cookies 1% or Skim Milk	Potato Crunch Fish Filet Diced Sweet Potatoes Chuckwagon Corn WG Dinner Roll/Marg Fresh Pear Tartar Sauce PC 1% or Skim Milk	Pulled Pork Sandwich Fiesta Bean Trio Peppers & Onions WG Coney Bun Applesauce 1% or Skim Milk
Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026
BBQ Chicken Breast Diced Sweet Potatoes Peas & Carrots WG Petite Roll/Marg Strawberries & Mandarins 1% or Skim Milk	National Potato Day Salisbury Steak with Brown Gravy Diced Baby Red Potatoes Green Beans WG Breadstick/Marg Fruit Cocktail 1% or Skim Milk	National Chocolate Day Pot Roast w/ Brown Gravy Ranch Whip Potatoes Honey Roasted Baby Carrots WG Dinner Roll/Marg Chocolate Pudding or Diet Pudding 1% or Skim Milk	National Oatmeal Day Chunky Chicken Pot Pie over Mashed Potatoes California Blend Veggies Vienna Bread Slice/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Cheeseburger on WG Hamburger Bun Cheddar Cheese Slice w/ Lettuce, Tomato & Pickle Steakhouse Potato Salad Pumpkin Bread Slice or Diet Cookies 1% or Skim Milk

OCTOBER DELI MENU

Call by noon the business day before 402-293-3041

October Name and Trivia Fun Facts			Thursday 10/1/2026	Friday 10/2/2026
October is the 10th month of the year with 31 days, but its name comes from octo, the Latin word for eight. It was the eighth month in the early Roman calendar before January and February were added. Mismatched Meaning: It is the 10th month, but keeps an eighth-month name. No Shakespeare: William Shakespeare never once mentioned October in any of his plays or sonnets. October always begins on the same day of the week as January, except during leap years.			Ham & American Cheese on WG Bread w/ Lettuce & Tomato Broccoli Slaw Sliced Peaches & Strawberries 1% or Skim Milk	Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Pineapple Tidbits 1% or Skim Milk
Monday 10/5/2026	Tuesday 10/6/2026	Wednesday 10/7/2026	Thursday 10/8/2026	Friday 10/9/2026
Egg Salad on Vienna Bread w/ Lettuce & Tomato Cowboy Caviar Diced Peaches 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad 100% Grape Juice WG Breadstick	Cranberry Pecan Chicken Salad on Croissant w/ Lettuce & Tomato Broccoli Salad Fresh Apple 1% or Skim Milk	Three Meat Hoagie w/ Ham, Pepperoni & Roast Beef on WG Hoagie Bun w/ Lettuce & Tomato Potato Salad Fruit Mix 1% or Skim Milk	Sliced Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Cowboy Caviar Cinnamon Applesauce 1% or Skim Milk
Fudge Round or Diet Cookie 1% or Skim Milk				
Monday 10/12/2026	Tuesday 10/13/2026	Wednesday 10/14/2026	Thursday 10/15/2026	Friday 10/16/2026
Turkey & Swiss on Rye Bread w/ Lettuce & Tomato Coleslaw Sliced Pears 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing Parm. Cheese & Croutons over Mixed Greens Salad Crackers(2pk) 100% Orange Juice Apricot Halves 1% or Skim Milk	Ham Salad on Vienna Bread w/ Lettuce & Tomato Pea Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Tropical Fruit Mix 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks)/Vegetable Juice Carmel Apple Bread Pudding or Sliced Apples 1% or Skim Milk
Monday 10/19/2026	Tuesday 10/20/2026	Wednesday 10/21/2026	Thursday 10/22/2026	Friday 10/23/2026
Chicken Fried Steak with Gravey Mashed Potatoes Diced Carrots/ Vienna Bread Slice Choc. Chip Muffin 1% or Skim Milk	Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Potato Salad Sliced Peaches 1% or Skim Milk	Ham Chef Salad Ham & Swiss Cheese Egg & Grape Tomatoes over Mixed Greens Salad 100% Orange Juice Crackers(2pks) Rice Krispy or Diet Cookie 1% or Skim Milk	Cobb Salad with Bacon, Ham, Diced Egg, Chicken, & Bleu Cheese Crumbles over Mixed Greens Salad 100% Apple Juice Crackers(2pkg) Fresh Pear 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad Crackers(2pk) 100% Grape Juice Applesauce 1% or Skim Milk
Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026
Roast Beef & Cheddar on Marble Bread w/ Lettuce & Tomato Coleslaw Strawberries & Mandarin 1% or Skim Milk	National Potato Day Turkey & Cheddar on WG Bread w/ Lettuce & Tomato Potato Salad Fruit Cocktail 1% or Skim Milk	National Chocolate Day Chicken Salad on Croissant w/ Lettuce & Tomato Cowboy Caviar Chocolate Pudding or Diet Pudding 1% or Skim Milk	National Oatmeal Day Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad Fruit Punch/Crackers(2pk) Oatmeal Cream Pie or Diet Cookies/1% or Skim	Cheeseburger on WG Bun Lettuce, Tomatoe & Pickle House Potatoe Salad Pumpkin Bread Slice or Diet Cookies 1% or Skim Milk

Bellevue Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Community Center has created another opportunity for seniors and others to support us, **The Bellevue Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Community Center. Your membership will be valid through June 30th, 2027