

OCTOBER HOT MENU

Call by noon the business day before! 402-293-3041

October Nature and Science ~ Fun Facts			Thursday 10/1/2026	Friday 10/2/2026
Fall Foliage: October is peak season for autumn leaves turning bright red, orange, and yellow in the Northern Hemisphere.			All Beef Chili Dog with Shredded Cheese on WG Hot Dog Bun Diced Potatoes Corn Sliced Peaches & Strawberries 1% or Skim Milk	WG Spaghetti & Meat Sauce Honey Glazed Carrot Coins Zucchini & Tomatoes WG Breadstick/Marg Pineapple Tidbits 1% or Skim Milk
Turnip Ancestors: The very first jack-o'-lanterns for Halloween were made from carved turnips, not pumpkins.				
The Orionids meteor shower, created by debris from Halley's Comet, peaks during mid-October.				
Monday 10/5/2026	Tuesday 10/6/2026	Wednesday 10/7/2026	Thursday 10/8/2026	Friday 10/9/2026
Sweet & Sour Chicken Breast Broccoli Brown Rice Pilaf Cinnamon Raisin Bread/Marg Diced Peaches 1% or Skim Milk	BBQ Meatballs Potato Medley California Blend Vegetables WG Petite Roll/Marg Fudge Round or Diet Cookies 1% or Skim Milk	Sliced Roast Beef & Gravy Mashed Potatoes Diced Beets WG Dinner Roll/Marg Fresh Apple 1% or Skim Milk	Tortilla Chicken Breast Spanish Rice Country Blend Vegetables Marble Rye Bread/Marg Fruit Mix 1% or Skim Milk	Western Omelet in Cheese Sauce Potatoes O'Brien Blueberry Muffin Cinnamon Applesauce 1% or Skim Milk
Monday 10/12/2026	Tuesday 10/13/2026	Wednesday 10/14/2026	Thursday 10/15/2026	Friday 10/16/2026
Oven Fried Chicken Breast with Country Gravy Mashed Potatoes Diced Carrots WG Dinner Roll/Marg Sliced Pears 1% or Skim Milk	Cheese Ravioli in Pink Sauce Green Beans Brussels Sprouts Vienna Bread Slice/Marg Apricot Halves 1% or Skim Milk	Meatloaf with Brown Gravy Whipped Potatoes Mixed Vegetables Honey Wheat Bread/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Chicken Breast w/ Cordon Bleu Sauce Diced Potatoes Stewed Tomatoes WG Dinner Roll/Marg Tropical Fruit Mix 1% or Skim Milk	Beefy Stroganoff Mac Casserole Broccoli Mixed Greens Side Salad WG Breadstick/Marg Carmel Apple Bread Pudding or Sliced Apples 1% or Skim Milk
Monday 10/19/2026	Tuesday 10/20/2026	Wednesday 10/21/2026	Thursday 10/22/2026	Friday 10/23/2026
Chicken Fried Steak & Gravy Garlic Mashed Potatoes Country Blend Vegetables Vienna Bread Slice/Marg Choc. Chip Muffin or Diet Cookies 1% or Skim Milk	Honey Garlic Meatballs Diced Baby Red Potatoes Spring Blend Veggies WG Dinner Roll/Marg Sliced Peaches 1% or Skim Milk	Sliced Turkey with Gravy Mashed Potatoes Green Bean Casserole WG Petite Roll/Marg Rice Krispy Treat or Diet Cookies 1% or Skim Milk	Potato Crunch Fish Filet Diced Sweet Potatoes Chuckwagon Corn WG Dinner Roll/Marg Fresh Pear Tartar Sauce PC 1% or Skim Milk	Pulled Pork Sandwich Fiesta Bean Trio Peppers & Onions WG Coney Bun Applesauce 1% or Skim Milk
Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026
BBQ Chicken Breast Diced Sweet Potatoes Peas & Carrots WG Petite Roll/Marg Strawberries & Mandarins 1% or Skim Milk	National Potato Day Salisbury Steak with Brown Gravy Diced Baby Red Potatoes Green Beans WG Breadstick/Marg Fruit Cocktail 1% or Skim Milk	National Chocolate Day Pot Roast w/ Brown Gravy Ranch Whip Potatoes Honey Roasted Baby Carrots WG Dinner Roll/Marg Chocolate Pudding or Diet Pudding 1% or Skim Milk	National Oatmeal Day Chunky Chicken Pot Pie over Mashed Potatoes California Blend Veggies Vienna Bread Slice/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Cheeseburger on WG Hamburger Bun Cheddar Cheese Slice w/ Lettuce, Tomato & Pickle Steakhouse Potato Salad Pumpkin Bread Slice or Diet Cookies 1% or Skim Milk

OCTOBER DELI MENU

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October Name and Trivia Fun Facts			Thursday 10/1/2026	Friday 10/2/2026
October is the 10th month of the year with 31 days, but its name comes from octo, the Latin word for eight. It was the eighth month in the early Roman calendar before January and February were added.			Ham & American Cheese on WG Bread w/ Lettuce & Tomato Broccoli Slaw Sliced Peaches & Strawberries 1% or Skim Milk	Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Pineapple Tidbits 1% or Skim Milk
Mismatched Meaning: It is the 10th month, but keeps an eighth-month name. No Shakespeare: William Shakespeare never once mentioned October in any of his plays or sonnets.				
October always begins on the same day of the week as January, except during leap years.				
Monday 10/5/2026	Tuesday 10/6/2026	Wednesday 10/7/2026	Thursday 10/8/2026	Friday 10/9/2026
Egg Salad on Vienna Bread w/ Lettuce & Tomato Cowboy Caviar Diced Peaches 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad 100% Grape Juice WG Breadstick	Cranberry Pecan Chicken Salad on Croissant w/ Lettuce & Tomato Broccoli Salad Fresh Apple 1% or Skim Milk	Three Meat Hoagie w/ Ham, Pepperoni & Roast Beef on WG Hoagie Bun w/ Lettuce & Tomato Potato Salad Fruit Mix 1% or Skim Milk	Sliced Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Cowboy Caviar Cinnamon Applesauce 1% or Skim Milk
Fudge Round or Diet Cookie 1% or Skim Milk				
Monday 10/12/2026	Tuesday 10/13/2026	Wednesday 10/14/2026	Thursday 10/15/2026	Friday 10/16/2026
Turkey & Swiss on Rye Bread w/ Lettuce & Tomato Coleslaw Sliced Pears 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing Parm. Cheese & Croutons over Mixed Greens Salad Crackers(2pk) 100% Orange Juice Apricot Halves 1% or Skim Milk	Ham Salad on Vienna Bread w/ Lettuce & Tomato Pea Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Tropical Fruit Mix 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks)/Vegetable Juice Carmel Apple Bread Pudding or Sliced Apples 1% or Skim Milk
Monday 10/19/2026	Tuesday 10/20/2026	Wednesday 10/21/2026	Thursday 10/22/2026	Friday 10/23/2026
Chicken Fried Steak with Gravey Mashed Potatoes Diced Carrots/ Vienna Bread Slice Choc. Chip Muffin 1% or Skim Milk	Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Potato Salad Sliced Peaches 1% or Skim Milk	Ham Chef Salad Ham & Swiss Cheese Egg & Grape Tomatoes over Mixed Greens Salad 100% Orange Juice Crackers(2pks) Rice Krispy or Diet Cookie 1% or Skim Milk	Cobb Salad with Bacon, Ham, Diced Egg, Chicken, & Bleu Cheese Crumbles over Mixed Greens Salad 100% Apple Juice Crackers(2pkg) Fresh Pear 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad Crackers(2pk) 100% Grape Juice Applesauce 1% or Skim Milk
Monday 10/26/2026	Tuesday 10/27/2026	Wednesday 10/28/2026	Thursday 10/29/2026	Friday 10/30/2026
Roast Beef & Cheddar on Marble Bread w/ Lettuce & Tomato Coleslaw Strawberries & Mandarin 1% or Skim Milk	National Potato Day Turkey & Cheddar on WG Bread w/ Lettuce & Tomato Potato Salad Fruit Cocktail 1% or Skim Milk	National Chocolate Day Chicken Salad on Croissant w/ Lettuce & Tomato Cowboy Caviar Chocolate Pudding or Diet Pudding 1% or Skim Milk	National Oatmeal Day Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad Fruit Punch/Crackers(2pk) Oatmeal Cream Pie or Diet Cookies/1% or Skim	Cheeseburger on WG Bun Lettuce, Tomatoe & Pickle House Potatoe Salad Pumpkin Bread Slice or Diet Cookies 1% or Skim Milk