

AUGUST HOT MENU

Monday 8/3/2026	Tuesday 8/4/2026	Wednesday 8/5/2026	Thursday 8/6/2026	Friday 8/7/2026
Tortilla Chicken Breast Spanish Rice Chuckwagon Corn WG Breadstick/Marg Peach Yogurt or Diet Pudding 1% or Skim Milk	Choc. Chip Cookie Day Meatloaf in Onion Gravy Ranch Whip Potatoes Brussels Sprouts WG Dinner Roll/Marg Choc. Chip Cookie or Diet Cookies 1% or Skim Milk	Pork Chop in Gravy Baked Potato/Sour Cream California Blend Vegetables WG Petite Roll/Marg Apricot Halves 1% or Skim Milk	Potato Crunch Fish Wedge Garlic Roasted Diced Reds Zucchini & Tomatoes Rye Bread Slice/Marg Tartar Sauce PC Sliced Peaches 1% or Skim Milk	Liver with Onion Gravy Mashed Potatoes Broccoli Honey Wheat Bread/Marg Nutty Buddy Stick or Diet Cookies 1% or Skim Milk
Monday 8/10/2026	Tuesday 8/11/2026	Wednesday 8/12/2026	Thursday 8/13/2026	Friday 8/14/2026
Grilled Chicken Sandwich on WG Hamburger Bun w/ Leaf Lettuce, Pickles & Sliced Tomatoes BBQ Baked Beans Mandarin Oranges 1% or Skim Milk	WG Spaghetti & Meat Sauce Mixed Greens Side Salad Dressing PC Winter Blend Vegetables WG Breadstick/Marg Cinnamon Pears 1% or Skim Milk	Pot Roast & Gravy Mashed Potatoes Green Beans WG Dinner Roll/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Honey Garlic Meatballs Brown Rice Pilaf Peas & Carrots Sour Dough Roll/Marg Strawberries & Peaches 1% or Skim Milk	Kiwanis Lunch Lasaguna Salad Garlic Toast Ice Cream
Monday 8/17/2026	Tuesday 8/18/2026	Wednesday 8/19/2026	Thursday 8/20/2026	Friday 8/21/2026
10 Grain Fish Brown Rice Pilaf Diced Carrots WG Dinner Roll/Marg Mandarin Oranges Tartar Sauce PC 1% or Skim Milk	Sliced Turkey & Gravy Cheesy Mashed Potatoes Corn WG Breadstick/Marg Apricot Halves 1% or Skim Milk	National Potato Day Sloppy Joe Sandwich Scalloped Potatoes Mixed Vegetables WG Hamburger Bun Strawberries over a Sweet Biscuit 1% or Skim Milk	All Beef Chili Dog Chili Sauce & Shred Cheese on a WG Hot Dog Bun Fresh Carrot Chips Coleslaw Fresh Orange 1% or Skim Milk	Chicken Bacon Ranch Pasta w/ WG Penne California Blend Veggies Brussels Sprouts WG Dinner Roll/Marg Sugar Cookie or Diet Cookies 1% or Skim Milk
Monday 8/24/2026	Tuesday 8/25/2026	Wednesday 8/26/2026	Thursday 8/27/2026	Friday 8/28/2026
National Waffle Day Oven Fried Chicken Breast Carrot Coins Winter Blend Veggies Maple Leige Waffle Cinnamon Apples 1% or Skim Milk	Cheesy Broccoli Chicken Breast Wild Rice Mixed Vegetables WG Dinner Roll/Marg Sliced Peaches 1% or Skim Milk	Roast Beef with Brown Gravy Mashed Potatoes Brussels Sprouts WG Breadstick/Marg Fresh Apple 1% or Skim Milk	BBQ Meatballs Diced Sweet Potatoes Mixed Vegetables 100% Wheat Bread/Marg Cherry Vanilla Yogurt or Diet Pudding 1% or Skim Milk	Cheeseburger on WG Hamburger Bun w/ Leaf Lettuce, Pickles & Sliced Tomatoes Potato Medley Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk
Monday 8/31/2026	Strange and Famous Days of August  			
Chicken Fried Steak with Country Gravy Ranch Mashed Potatoes Peas & Carrots WG Breadstick/Marg Nutty Buddy Stick or Diet Cookies 1% or Skim Milk	August 3rd is National Watermelon Day. August 10th is National Lazy Day. August 16th is National Roller Coaster Day. August 28th is fancy, it's National Bow Tie Day! August 28th, 1963 that Martin Luther King Jr. gave his "I Have a Dream" speech on the steps of the Lincoln Memorial in Washington, DC. Two major world events that destroyed entire cities happened in August. On August 24th, 79 AD, Mount Vesuvius erupted destroying the city of Pompeii and its citizens. On August 6th, 1945, the US deployed the first atomic bombs on the Japanese cities of Hiroshima and Nagasaki.			

AUGUST DELI MENU

Monday 8/3/2026	Tuesday 8/4/2026	Wednesday 8/5/2026	Thursday 8/6/2026	Friday 8/7/2026
Ham & American Cheese on WG Bread w/ Lettuce & Tomato Cucumber Salad Peach Yogurt or Diet Pudding 1% or Skim Milk	Choc. Chip Cookie Day Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Choc. Chip Cookie or Diet Cookies 1% or Skim Milk	Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Mixed Greens Salad Crackers & 100% Apple Juice Apricot Halves 1% or Skim Milk	Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Three Bean Salad Sliced Peaches 1% or Skim Milk	Nicoise Salad Diced Chicken, Diced Egg, Diced Potatoes, Grape Tomatoes & Green Beans over Mixed Greens with Greek Dressing WG Breadstick Nutty Buddy Stick or Diet Cookie 1% or Skim Milk
Monday 8/10/2026	Tuesday 8/11/2026	Wednesday 8/12/2026	Thursday 8/13/2026	Friday 8/14/2026
Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Pepperoncini on Vienna Bread Broccoli Coleslaw Mandarin Oranges 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Grape Juice Cinnamon Pears 1% or Skim Milk	Ham Salad on Marble Bread w/ Lettuce & Tomato Three Bean Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato Potato Salad Strawberries & Peaches 1% or Skim Milk	Kiwanis Lunch Lasguna Salad Garlic Toast Ice Cream
Monday 8/17/2026	Tuesday 8/18/2026	Wednesday 8/19/2026	Thursday 8/20/2026	Friday 8/21/2026
Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Marinated Vegetable Salad Mandarin Oranges 1% or Skim Milk	Sliced Turkey & Gravy Cheesy Mashed Potatoes Corn WG Breadstick/Marg Apricot Halves 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing & Croutons over Mixed Greens Salad 100% Grape Juice Strawberries over a Sweet Biscuit 1% or Skim Milk	Cranberry Chicken Salad on WG Mini Coney Bun w/ Lettuce & Tomato Coleslaw Fresh Orange 1% or Skim Milk	Philly Cheesesteak Salad Roast Beef, Peppers, Onions, Shred Cheese over Mixed Greens Salad 100% Grape Crackers(2pk) Snickerdoodle Cookie or Diet Cookies 1% or Skim Milk
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National Waffle Day Oven Fried Chicken Breast Carrot Coins Winter Blend Veggies Maple Leige Waffle Cinnamon Apples 1% or Skim Milk	Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) 100% Grape Juice Sliced Peaches 1% or Skim Milk	Chicken Salad Sandwich on Vienna Bread w/ Lettuce & Tomato Potato Salad Fresh Apple 1% or Skim Milk	Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Cherry Vanilla Yogurt or Diet Pudding 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch WG Breadstick/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk
Monday 8/31/2026	THREE Fun Facts About August			
Egg Salad on Vienna Bread w/ Lettuce & Tomato Coleslaw Nutty Buddy Stick	August was once the 6th month of the year In the Roman calendar, August was known as "Sextilis", the Latin word for 6. It wasn't until 700 BC when January and February were added to the calendar, that August was bumped down to become the 8th month of the year.			
	How many days are in August? First it was 30 days. Then, 31. When January and February came onto the scene, August got reduced to 29 days. Then, Julius Caesar changed it back to 31. Thankfully it has remained that way ever since.			