

BELLEVUE COMMUNITY CENTER

Connecting Adults 55+



109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm



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Hello People!

Another month is quickly MARCHING upon us! Moving forward we can start thinking of daylight savings, planting seeds, springtime, warmer weather and flowers start popping up. Change is happening!

We can also see how we can make the center grow. Invite a friend to lunch, share our Facebook page, or take a newsletter to a neighbor so they can see all the fun we have. You can grow personally as well. Try a new card game or start a new group, jump into the exercise class or join the Tai Chi group. It's a new season so let's celebrate!

Kathy and Dawn

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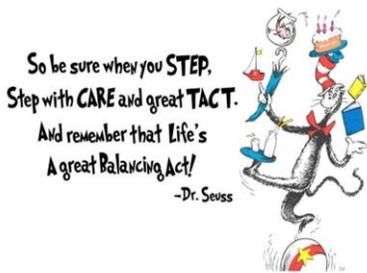
CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant
Manager



AROUND THE CENTER



It's Dr Seuss's birthday- March 2nd ! Let's celebrate! His quirky storytelling , positive words and fun characters taught us great lessons in life!

Top O' the Mornin' Everyone is a WEE bit Irish on St. Patty's Day! Don't miss the fun or you'll be GREEN with envy of those who do. We guarantee there will be green beer, delicious snacks and shenanigans! We will have the group Pluckin Nuts to entertain us. Let the good times SHAM-rock – **10:30 on Tuesday, March 17th**. Be sure and stay for lunch! Reserve your spot by Friday, March 13th. Wear green or be pinched!



SprinGO BinGO is back ! The weather is (hopefully) warmer and the sun is shining longer! Put a little pep in your step and hop on in! You'll forget the cold and snow of winter and be thinking warm thoughts while yelling out "SPRING-GO" Plan to come for lunch at noon and stay for Bingo on **Monday, March 23rd at 1:00 pm**. Call us by Friday, March 20th at noon to reserve lunch and Bingo.

Volunteer Still Needed! We need a volunteer to pick up Panera Bread on Tuesday nights at 8:45 pm and deliver to the center on Wednesday morning between 8:00 am – 8:30 am. You would only do every other month starting in March, and then pick up in May, July, Sept. and November. Please let us know if you can help !



Winner Winner! Wayne Heffner was our 50/50 winner. He won \$116 and so did the center! Thank you everyone who played!

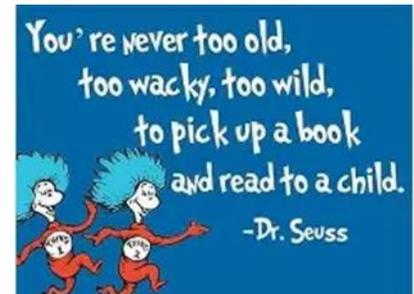


HERE'S WHAT'S HAPPENING



Kailey Edelman will be here Monday, March 9th at 11:15 to talk about various volunteer programs with ENOA. The volunteer programs they have are Ombudsman, SeniorHelp (which includes our Meals on Wheels volunteers), Senior Companion Program, and Foster Grandparent Program. Come check it out!

Share your love of reading with a child! We are partnering up with a local grade school for a reading program. YOU can have a positive impact on child. Open your heart when you open a book to read with a child. You both will benefit from it.



Wanted - Card Players – DRAW your best hand and Don't SHUFFLE around ! We've been getting requests to play other card games so let's make it happen! Tell the office what you would like to play and we can get the word out. So far, we have requests for pinocle and euchre. You can also join the groups we have for Poker, Hand, Foot and Knee, Bridge, Kings in a Corner, Skip Bo, Dominoes and Mahjong.

Pancake, Flapjack or Hotcake ! However you say it, we will stack it. Light and fluffy, drizzled with syrup and served with sausage, fruit, coffee and juice. It's only \$5.00 so reserve your meal by Friday the 27th. We will be serving it hot off the griddle on **Tuesday, March 31st at 9:00 am.**



Lenten Lunches– During Lent, there will be an option for a non-meat lunch, either on the Hot or Deli menu. As always, please call by noon on the business day before .



MARCH Birthdays



- 2- Irene Wolfe
- 3- Jack Simmons & Mike Saxton
- 3- Hugh Harrison
- 4- Elaine Truscott
- 6- Cindy Keyes
- 7- Jean Coburn & Lesa McCubbin
- 7- Carol Catherall
- 9- Sandra Stiverson
- 16- Darlene Skinner
- 18 – Lynn Lee & Julie Cerny
- 19- JoAnne Orr
- 23- Betty Schlapia
- 26- Bernie Newhouse
- 29- Diane Adams
- 30- Joan Heffner



BELLEVUE COMMUNITY CENTER – CONNECTING ADULTS 55+

Why the name change and new branding?

The Bellevue Community Center is a vibrant and fun community center serving the over 55 population in Bellevue.

We wanted a name and brand that better reflects who we are. We are a center that offers community and connection for our over 55 population.

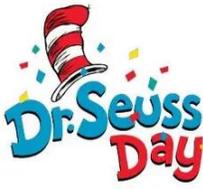
The word "senior" can have a stigma to it that does not reflect our participants or the services we offer. Our members have told us that they aren't fond of the word "seniors" since that is not how they see themselves.

First impressions matter. We wanted a name that is modern, inclusive, and welcoming. Our hope is our new name and branding will appeal to a broad range of the over 55 age group.

This new name does not change our commitment to the over 55 community but rather enhances our mission and our values.

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 Hand Foot Knee 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand, Foot & Knee	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – Painting 9:30 – Skip Bo or Kings in a Corner 10:30 Bridge Class on the 6th and the 20th this month. 12:45 .25 BINGO

Activities for the Month of March

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
2 	3 	4	5	6 
9 11:15 ENOA 	10	11 Birthday cake served with Lunch 	12 9:30 Lisa's Bingo 	13 10:00 –Book Club 
16 7:00 pm 	17 10:30 Party 	18	19 10:30 – Senior Advisory Meeting 	20
23 1:00 Bingo 	24 	25	26 10:30 Hillcrest Bingo 	27
30	31 9:00 – Breakfast 			

MARCH HOT MENU

Monday 3/2/2026	Tuesday 3/3/2026	Wednesday 3/4/2026	Thursday 3/5/2026	Friday 3/6/2026
Tortilla Chicken Breast Spanish Rice Mixed Vegetables WG Tostitos Scoops PC Diced Pears 1% or Skim Milk	Cheeseburger on a Wheat Hamburger Bun w/ Leaf Lettuce, Tomato, & Pickle Slices Coleslaw Blueberry Muffin 1% or Skim Milk	BBQ Pork Rib Sandwich Diced Sweet Potatoes California Blend Vegetables WG Hot Dog Bun Fruit Cocktail 1% or Skim Milk	Meatloaf & Gravy Twice Baked Whipped Potatoes Country Blend Vegetables WG Bread Slice/Marg Cherry Vanilla Yogurt PC or Diet Pudding 1% or Skim Milk	Oreo Cookie Day Potato Crunch Fish Filet Scalloped Potatoes Broccoli Cuts WG Petite Roll/Marg Oreo Cookie or Diet Cookie Tartar Sauce PC 1% or Skim Milk
Monday 3/9/2026	Tuesday 3/10/2026	Wednesday 3/11/2026	Thursday 3/12/2026	Friday 3/13/2026
National Meatball Day Swedish Meatballs Mashed Potato Green Beans WG Breadstick/Marg Diced Peaches 1% or Skim Milk	Walking Taco! Taco Meat, Shred Cheese Shred Lettuce, Diced Tomato Fiesta Corn WG Nacho Dorito PC Sour Cream & Taco Sauce PCs Mandarin Oranges 1% or Skim Milk	Beef Fritter Mashed Potatoes & Country Gravy Brussels Sprouts WG Dinner Roll/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Chicken Bacon Ranch Pasta Broccoli Mixed Vegetables Italian Roll/Marg Fruit Cocktail 1% or Skim Milk	Breaded Fish Sandwich with Tartar Sauce PC on WG Hamburger Bun Cheesy Hashbrowns Winter Blend Vegetables Fudge Round or Diet Cookie 1% or Skim Milk
Monday 3/16/2026	Tuesday 3/17/2026	Wednesday 3/18/2026	Thursday 3/19/2026	Friday 3/20/2026
Beefy Mac Casserole with WG Elbow Noodles Corn Green Peas WG Dinner Roll/Marg Fruit Mix 1% or Skim Milk	Happy St. Patrick's Day! Corned Beef Cabbage & Carrots Roasted Baby Red Wedges Rye Bread/Marg Emerald Pudding or Diet Pudding 1% or Skim Milk	Italian Sausage in Marinara Garlic Mashed Potatoes Peppers & Onions WG Hot Dog Bun Apricot Halves 1% or Skim Milk	Salisbury Steak & Gravy Diced Sweet Potatoes Brussels Sprouts WG Dinner Roll/Marg Diced Pears 1% or Skim Milk	Bean & Cheese Burrito in Cheese Sauce Fiesta Rice Mixed Vegetables WG Breadstick/Marg Strawberries & Peaches 1% or Skim Milk
Monday 3/23/2026	Tuesday 3/24/2026	Wednesday 3/25/2026	Thursday 3/26/2026	Friday 3/27/2026
Sloppy Joe Sandwich Scalloped Potatoes Broccoli Cuts WG Hamburger Bun Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Sliced Roast Beef & Gravy Mashed Potatoes Honey Glazed Baby Carrots Vienna Bread/Margarine M&M Cookie or Diet Cookies 1% or Skim Milk	National Waffle Day Oven Fried Chicken Breast Diced Sweet Potatoes California Blend Vegetables Belgian Waffle Syrup PC Sliced Peaches 1% or Skim Milk	Grilled Chicken Sandwich w/ Lettuce & Tomato Steakhouse Potato Salad BBQ Baked Beans WG Hamburger Bun Mandarin Oranges 1% or Skim Milk	Seafood Chowder Brown Rice Pilaf Broccoli Cuts WG Breadstick/Marg Fruit Cocktail 1% or Skim Milk
Monday 3/30/2026	Tuesday 3/31/2026	<p align="center">Top Facts about March.....</p> <p align="center">The World Meteorological Day is celebrated on March 23rd.</p> <p align="center">In the Northern Hemisphere, March is the start of meteorological spring.</p> <p align="center">The Vernal Equinox, which marks the first day of astronomical spring, occurs in March.</p> <p align="center">St. Patrick's Day is celebrated on March 17th and is a public holiday in Ireland.</p> <p align="center">March 20th is the first day of astronomical spring in the Northern Hemisphere.</p> <p align="center">The first day of March is celebrated as National Pig Day in the United States.</p> <p align="center">March Madness is the popular nickname for the NCAA Men's Basketball Tournament.</p> <p align="center">The Academy Awards, also known as the Oscars, are held in March</p>		
All Beef Chili Dog w/ Shredded Cheese Diced Potatoes Mixed Vegetables WG Hot Dog Bun Strawberries & Pineapple 1% or Skim Milk	Western Omelet in Cheese Sauce Diced Potatoes Peppers & Onions WG Blueberry Muffin 1% or Skim Milk			

MARCH DELI MENU

Monday 3/2/2026	Tuesday 3/3/2026	Wednesday 3/4/2026	Thursday 3/5/2026	Friday 3/6/2026
Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato Coleslaw Diced Pears 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Fruit Punch Juice Blueberry Muffin 1% or Skim Milk	Turkey BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato over Mixed Greens Croutons 100% Grape Juice Fruit Cocktail 1% or Skim Milk	Sliced Ham & American on Wheat Bread w/ Lettuce & Tomato Coleslaw Cherry Vanilla Yogurt PC or Diet Pudding 1% or Skim Milk	Chicken Salad on Croissant w/ Lettuce & Tomato Cowboy Caviar Oreo Cookie or Diet Cookies 1% or Skim Milk
Monday 3/9/2026	Tuesday 3/10/2026	Wednesday 3/11/2026	Thursday 3/12/2026	Friday 3/13/2026
Ham & Cheddar on WG Bread w/ Lettuce & Tomato Potato Salad Diced Peaches 1% or Skim Milk	Cranberry Chicken Salad on Vienna Bread w/ Lettuce & Tomato Carrot Raisin Salad Mandarin Oranges 1% or Skim Milk	Classic Chef Salad Turkey, Ham, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Grape Juice Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Monte Cristo Sandwich Sliced Turkey & Swiss on French Toast with Jam Boccoli Salad Fruit Cocktail 1% or Skim Milk	Greek Chicken Salad Diced Chicken, Cucumber & Tomato over Mixed Greens w/ Greek Feta Dressing Crackers (2pk) 100% Fruit Punch Juice Fudge Round or Diet Cookie 1% or Skim Milk
Monday 3/16/2026	Tuesday 3/17/2026	Wednesday 3/18/2026	Thursday 3/19/2026	Friday 3/20/2026
Ham Salad on Croissant w/ Lettuce & Tomato Carrot Raisin Salad Fruit Mix 1% or Skim Milk	Happy St. Patrick's Day! Corned Beef Cabbage & Carrots Roasted Baby Red Wedges Rye Bread/Marg Emerald Pudding or Diet Pudding 1% or Skim Milk	Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad Crackers (2pk) Fruit Punch Juice Cup Apricot Halves 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing Croutons Mixed Greens Entrée Salad 100% Grape Juice Diced Pears 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni, Cheese & Peppers on Vienna Bread Potato Salad Strawberries & Peaches 1% or Skim Milk
Monday 3/23/2026	Tuesday 3/24/2026	Wednesday 3/25/2026	Thursday 3/26/2026	Friday 3/27/2026
Sloppy Joe Sandwich Scalloped Potatoes Broccoli Cuts WG Hamburger Bun Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Deli Turkey & American Cheese on Marble Bread w/ Lettuce & Tomato Carrot Raisin Salad M&M Cookie or Diet Cookies 1% or Skim Milk	Ham & American Cheese on WG Bread w/ Lettuce & Tomato Potato Salad Sliced Peaches 1% or Skim Milk	Classic Chef Salad Turkey, Ham, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Grape Juice Mandarin Oranges 1% or Skim Milk	Cranberry Chicken Salad with Grapes on Cinnamon Raisin Bread Marinated Vegetable Salad Fruit Cocktail 1% or Skim Milk
Monday 3/30/2026	Tuesday 3/31/2026	Interesting March Facts..... March is National Nutrition Month in the United States. The first successful blood transfusion using human blood was performed in March of 1818. March is Women's History Month in the United States. In ancient Rome, March was the start of the new year. March is National Craft Month in the United States. The National Day of Puppetry is celebrated in March. The World Wildlife Day is observed on March 3rd.		
Turkey & Cheddar with Leaf Lettuce & Tomato on WG Bun Potato Salad Strawberries & Pineapple 1% or Skim Milk	Tuna Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad WG Blueberry Muffin 1% or Skim Milk			

Bellevue Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Community Center has created another opportunity for seniors and others to support us, **The Bellevue Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Community Center. Your membership will be valid through June 30th, 2026